



PE Long Term Curriculum Plan

EYFS	Autumn		Spring		Summer	
	Dance	Gymnastics	Ball Skills (feet)	Games for understanding	Fundamental Movements: jumping	Sports Day Practice
Year 1	Autumn		Spring		Summer	
	Fundamental Movements: running	Multi-skills: Sending and Receiving (hands)	Multi-skills: Sending and Receiving (feet)	Fundamental Movements: jumping	Multi-skills: rackets and balls	Team Building
	Dance	Gymnastics	Health and Wellbeing	Games for understanding	Athletics	Sports Day Practice
Year 2	Autumn		Spring		Summer	
	Fundamental Movements: dodging	Multi-skills: Sending and Receiving (hands)	Multi-skills: Sending and Receiving (feet)	Fundamental Movements: jumping	Multi-skills: rackets and balls	Team Building
	Dance	Gymnastics	Health and Wellbeing	Games for understanding	Athletics	Sports Day Practice

Year 3	Autumn		Spring		Summer	
	Netball	Rugby	Football	Basketball	Netball	Rugby
	Dance	Gymnastics	Badminton	Hockey	Dance	Gymnastics
Year 4	Autumn		Spring		Summer	
	Netball	Rugby	Football	Basketball	Netball	Rugby
	Dance	Gymnastics	Badminton	Hockey	Dance	Gymnastics
Year 5	Autumn		Spring		Summer	
	Netball	Rugby	Football	Basketball	Athletics	Cricket
	Dance	Gymnastics	Badminton	Hockey	Tennis	OAA
Year 6	Autumn		Spring		Summer	
	Netball	Rugby	Football	Basketball	Athletics	Cricket
	Dance	Gymnastics	Badminton	Hockey	Tennis	OAA