

## **Top Tips for Organisation**

### **By the door**

Before going to bed pack your bag and leave it by the front door. Also, the next day's clothes should be laid out with shoe, socks and accessories. This will cut down on morning confusion.

### **Give short directions**

If your child finds it hard to remember a number of things to do. Try to use as few words as possible e.g 'Get your jumper.'

### **Show the child how to tidy up**

You may need to show your child what you mean by tidying up

### **Make a timetable**

Use different colours for different activities so it's easier to see what needs to be achieved and enough time is left for each activity.

### **Create time**

Start getting ready 5 mins earlier. It does make a big difference if you stick to it. Confusion is heightened when rushing to get out of the house.